

## Resultat af 4. Afdeling af 4 Årstiders trail 2016/2017 28. Januar 2017

### 5Km Kvinder

<b>Bib</b>	<b>Name</b>	<b>Gender</b>	<b>Finish</b>
1045	Julie Pio Kragelund	Female	<b>28:49.5</b>
676	Karina Burlin	Female	<b>29:49.0</b>
652	Katrine Becker-Larsen	Female	<b>32:35.0</b>
494	Malene Ruskol	Female	<b>32:48.5</b>
473	Josefine Grièse	Female	<b>33:40.6</b>
480	Philippa Crone	Female	<b>34:53.3</b>
624	Kirsten Jensen	Female	<b>35:18.0</b>
629	Nadina Lugonic	Female	<b>35:43.6</b>
604	Sara Arvanaghi	Female	<b>35:47.2</b>
491	Louise Jagd Rosendal	Female	<b>38:16.3</b>
650	Anna A Becker-Larsen	Female	<b>38:28.5</b>
952	Dorte Leth	Female	<b>38:31.9</b>
441	Marianna Christensen	Female	<b>38:37.6</b>
1047	Henriette Saarup	Female	<b>38:51.9</b>
499	Tanya Møller	Female	<b>39:01.7</b>
498	Kitty Hendrichsen	Female	<b>39:03.0</b>
1057	Vanessa Blander Hedegaard	Female	<b>39:49.0</b>
489	Agnethe Nordin	Female	<b>40:04.2</b>
323	Malene Olsen	Female	<b>40:11.4</b>
1059	Dorthe Hoffman-Bang	Female	<b>40:17.2</b>
377	Ulla Frederiksen	Female	<b>40:20.8</b>
233	Gitte Falkenløve	Female	<b>40:23.6</b>
333	Pia Düring Lausen	Female	<b>40:31.7</b>
662	Henriette Norrbohm	Female	<b>42:09.1</b>
663	Susanne Reimann	Female	<b>42:16.8</b>
210	Bettina Feldmann	Female	<b>42:58.6</b>
376	Tenna Nielsen	Female	<b>43:39.4</b>
301	Lise Emmersen	Female	<b>44:19.4</b>
484	Ditte Kleener	Female	<b>45:18.0</b>
973	Sidsel Johnsen	Female	<b>46:34.3</b>
478	Gitte Restaino	Female	<b>46:55.4</b>
681	Emmelie Hytting	Female	<b>47:26.7</b>
479	Astrid Aagaard	Female	<b>58:42.2</b>

## 5 Km mænd

<b>Bib</b>	<b>Name</b>	<b>Gender</b>	<b>Finish</b>
690	Kasper Rebenstorf	Male	<b>23:42.1</b>
967	Christian Kopp Pedersen	Male	<b>25:37.2</b>
423	Ole Taarnmark	Male	<b>26:13.9</b>
976	Nikolaj Gøthche	Male	<b>26:40.9</b>
137	Kim Hansen	Male	<b>26:45.3</b>
140	Claus Brandorff	Male	<b>30:14.4</b>
153	Anders Verdier	Male	<b>30:44.8</b>
975	Johann Borell	Male	<b>31:13.7</b>
343	Poul-Erik Verdier	Male	<b>31:32.1</b>
474	Jørn Petersen	Male	<b>31:34.0</b>
696	Simon Becker-Larsen	Male	<b>32:32.7</b>
1055	Jesper Graff Thøger	Male	<b>35:01.3</b>
602	Mathias Hedelund	Male	<b>35:52.5</b>
610	Henrik Hedelund	Male	<b>35:54.3</b>
1011	Ib Olsen	Male	<b>36:56.4</b>
651	Jesper Becker-Larsen	Male	<b>37:04.2</b>
490	Tom Sørensen	Male	<b>37:41.1</b>
354	Sten Vesterli	Male	<b>38:10.3</b>
630	Rasmus Becker-Larsen	Male	<b>38:28.0</b>
996	Lars Præstgaard	Male	<b>39:13.8</b>
269	Jimmy Adetunji	Male	<b>39:34.8</b>
1053	Morten Hagemann	Male	<b>40:16.5</b>
477	Henrik Strassmann	Male	<b>42:13.5</b>
684	John Hytting	Male	<b>44:38.0</b>

## 10 Km Kvinder

<b>Bib</b>	<b>Name</b>	<b>Gender</b>	<b>Time</b>	<b>Lap 1</b>	<b>Lap 2</b>
625	Bettina Truelsen	Female	<b>59:59.7</b>	29:15.0	30:44.6
487	Melissa Voigt Hansen	Female	<b>1:00:53.4</b>	30:28.1	30:25.3
623	Henrik Roos	Female	<b>1:05:12.4</b>	32:08.0	33:04.4
81	Anne Böcher Lassen	Female	<b>1:05:18.6</b>	31:30.8	33:47.7
492	Anne Clausen	Female	<b>1:06:15.3</b>	32:50.0	33:25.3
724	Stinna Filsø	Female	<b>1:07:56.1</b>	32:59.0	34:57.1
1043	Bente rasmussen	Female	<b>1:08:46.2</b>	33:32.3	35:14.0
974	Christina Ørtoft	Female	<b>1:11:39.8</b>	34:49.9	36:49.9
1046	Sofie Kaae	Female	<b>1:13:38.4</b>	35:41.0	37:57.4
500	Pernille Svane	Female	<b>1:14:47.0</b>	35:37.2	39:09.8
495	Annette Holrits	Female	<b>1:19:04.8</b>	38:14.2	40:50.6
486	Maria Jespersen	Female	<b>1:22:12.4</b>	40:34.7	41:37.7
349	Signy Anitha Sundskard	Female	<b>1:23:17.1</b>	39:15.1	44:02.0
200	Anette Nielsen	Female	<b>1:23:18.1</b>	39:02.2	44:15.9
438	Tine Bødkerholm Olesen	Female	<b>1:26:40.5</b>	42:13.1	44:27.4
397	Martina Muller Holst	Female	<b>1:28:04.7</b>	42:15.8	45:48.8
981	Kimmi Stelzner	Female	<b>1:28:09.1</b>	42:19.8	45:49.2

## 10 km Mænd

<b>Bib</b>	<b>Name</b>	<b>Gender</b>	<b>Time</b>	<b>Lap 1</b>	<b>Lap 2</b>
66	Neeraj Mehrotra	Male	<b>45:25.5</b>	22:15.3	23:10.2
1044	Dennis Graversgaard	Male	<b>51:50.4</b>	24:58.5	26:51.9
987	Jacob Aaman	Male	<b>54:21.8</b>	27:25.6	26:56.2
212	Brian Feldmann	Male	<b>57:32.0</b>	29:09.4	28:22.7
346	Rune Isholm Saarup	Male	<b>57:58.0</b>	28:32.3	29:25.8
165	Andreas Olesen	Male	<b>58:32.6</b>	28:38.1	29:54.5
957	Peter Paluszewski	Male	<b>59:25.1</b>	28:24.0	31:01.1
951	Ferry Adler	Male	<b>59:52.6</b>	29:19.1	30:33.5
1052	Bjarne Mortensen	Male	<b>1:00:31.6</b>	29:39.7	30:51.9
668	Tom Michael Reimann	Male	<b>1:00:47.1</b>	30:33.1	30:14.0
396	Erik Ornebjergus	Male	<b>1:02:07.4</b>	30:07.2	32:00.2
136	B Risum	Male	<b>1:02:53.7</b>	31:01.1	31:52.6
330	Michael Nielsen	Male	<b>1:03:19.5</b>	31:40.4	31:39.1
214	Christian Dehoux	Male	<b>1:05:09.6</b>	32:42.8	32:26.7
472	Tommy Danielsen	Male	<b>1:05:24.5</b>	31:14.7	34:09.9
1058	Morten Lindholm	Male	<b>1:06:23.8</b>	32:24.2	33:59.6
483	Stefan Horyna	Male	<b>1:07:47.9</b>	30:41.7	37:06.2
488	Tue Seifert Boeskov	Male	<b>1:07:49.2</b>	30:45.7	37:03.4
475	Tommy Cchristensen	Male	<b>1:13:42.2</b>	35:45.7	37:56.5
689	Morten Drost	Male	<b>1:14:05.8</b>	34:31.6	39:34.2
1060	Carsten Bjerno	Male	<b>1:14:54.5</b>	35:51.5	39:03.0
958	Jesper Christiansen	Male	<b>1:17:03.5</b>	35:30.8	41:32.7
660	Bjørn Clausen	Male	<b>1:20:27.9</b>	39:08.9	41:19.0

## 15 km Kvinder

<b>Bib</b>	<b>Name</b>	<b>Gender</b>	<b>Time</b>	<b>Lap 1</b>	<b>Lap 2</b>	<b>Lap 3</b>
1048	Nanna Bonde	Female	<b>1:28:44.2</b>	29:06.8	29:35.8	30:01.6
920	Louise Frederiksen	Female	<b>1:33:53.4</b>	29:56.6	31:13.0	32:43.8
485	Gunver Vestergård	Female	<b>1:44:28.1</b>	33:25.3	34:36.6	36:26.2
386	Rie Rosenstand	Female	<b>1:58:46.6</b>	35:56.0	38:54.9	43:55.7

## 15 Km Mænd

<b>Bib</b>	<b>Name</b>	<b>Gender</b>	<b>Time</b>	<b>Lap 1</b>	<b>Lap 2</b>	<b>Lap 3</b>
497	Henrik Thorn	Male	<b>1:16:01.8</b>	23:02.3	26:45.2	26:14.3
871	Frej Hadsund	Male	<b>1:16:18.6</b>	25:38.4	25:32.3	25:07.9
496	Martin Højgaard	Male	<b>1:16:24.6</b>	24:45.3	26:22.5	25:16.8
927	Finn Kofoed-Dam	Male	<b>1:24:16.8</b>	27:03.0	28:21.6	28:52.2
217	Ebbe Primdahl	Male	<b>1:25:00.2</b>	28:30.3	27:47.2	28:42.7
250	Hans Peter Busk	Male	<b>1:26:52.0</b>	28:28.9	28:21.6	30:01.5
257	HC Kongsted	Male	<b>1:27:40.9</b>	28:18.0	29:25.2	29:57.7
616	Jesper Gade Holgersen	Male	<b>1:28:29.5</b>	28:57.3	29:42.0	29:50.2
211	Brian Pedersen	Male	<b>1:32:20.9</b>	29:22.6	30:22.2	32:36.1
443	Sune Vuorela	Male	<b>1:33:19.1</b>	28:48.8	31:31.6	32:58.7
80	Niels-Henrik Nordlien	Male	<b>1:40:18.1</b>	32:11.2	33:18.5	34:48.4
481	Jimmy Taggaard	Male	<b>1:43:32.8</b>	31:10.9	34:22.9	37:59.0