

Bib	Name	Distance	Gender	Lap 1	Lap 2	Lap 3	Split 1	Split 2	Split 3
1828	Natasja Kofod	10km	Female	28:03.4	30:19.0	-	28:03.4	58:22.4	-
1777	Anna Zoé	10km	Female	31:31.0	35:27.9	-	31:31.0	1:06:58.8	-
1863	Anja Mejnholt-Jakobsen	10km	Female	34:52.8	38:14.5	-	34:52.8	1:13:07.3	-
1816	Mai Lundsgaard	10km	Female	35:39.2	38:13.9	-	35:39.2	1:13:53.1	-
1853	Bente Rasmussen	10km	Female	34:59.1	38:56.4	-	34:59.1	1:13:55.5	-
1831	Pernille Svane	10km	Female	38:16.4	41:54.6	-	38:16.4	1:20:11.0	-
1834	Rie Rosenstand	10km	Female	39:34.8	41:58.8	-	39:34.8	1:21:33.6	-
1785	Charlotte Ager	10km	Female	39:46.9	42:32.3	-	39:46.9	1:22:19.2	-
1852	Mie Koch	10km	Female	41:37.6	43:47.0	-	41:37.6	1:25:24.6	-
1851	Jette Borch-Jensen	10km	Female	41:36.5	43:49.7	-	41:36.5	1:25:26.2	-
1814	Lotte Friis	10km	Female	43:04.5	45:08.0	-	43:04.5	1:28:12.5	-
1804	Jens Henrik Larsen	10km	Male	25:54.4	27:11.7	-	25:54.4	53:06.1	-
1787	Christian Bendtsen	10km	Male	28:44.0	28:45.5	-	28:44.0	57:29.6	-
1857	Lars Christiansen (UFK)	10km	Male	27:48.7	32:25.7	-	27:48.7	1:00:14.5	-
1810	Kim Hansen	10km	Male	28:40.8	32:09.6	-	28:40.8	1:00:50.4	-
1826	Mikkel Kristensen	10km	Male	31:20.3	32:18.7	-	31:20.3	1:03:39.0	-
1842	Søren Vrist	10km	Male	32:21.7	32:36.7	-	32:21.7	1:04:58.4	-
1855	Dennis Larsen	10km	Male	34:02.4	33:46.8	-	34:02.4	1:07:49.2	-
1847	Tom Sørensen	10km	Male	38:26.9	31:51.2	-	38:26.9	1:10:18.1	-
1827	Morten Drost	10km	Male	38:11.3	37:15.3	-	38:11.3	1:15:26.6	-
1821	Martin Østergaard	10km	Male	37:18.8	39:43.1	-	37:18.8	1:17:02.0	-
1782	Bjørn Petersen	10km	Male	37:15.0	39:50.2	-	37:15.0	1:17:05.2	-
1801	Jakob Rasmussen	10km	Male	43:02.0	45:12.0	-	43:02.0	1:28:14.0	-
1774	Ane Jensen	15km	Female	31:57.2	32:56.8	34:56.3	31:57.2	1:04:54.0	1:39:50.3
1861	Maiken Pedersen	15km	Female	34:28.1	36:05.0	36:41.4	34:28.1	1:10:33.1	1:47:14.5
1805	Jens Irgens (UFK)	15km	Male	25:49.0	26:21.9	25:37.4	25:49.0	52:11.0	1:17:48.4
1820	Martin Højgaard (UFK)	15km	Male	25:53.1	26:19.6	25:58.1	25:53.1	52:12.6	1:18:10.8
1839	SIMON ENGHOF	15km	Male	28:08.6	28:01.2	28:16.1	28:08.6	56:09.8	1:24:25.9
1859	Mads Christensen	15km	Male	28:19.2	29:38.5	30:09.6	28:19.2	57:57.8	1:28:07.4
1800	Jakob Dreyer-Stapput	15km	Male	31:33.7	31:01.5	30:55.2	31:33.7	1:02:35.2	1:33:30.4
1856	Flemming Mæng	15km	Male	30:51.4	32:51.5	34:48.8	30:51.4	1:03:42.9	1:38:31.7
1799	Jacob Eiland	15km	Male	31:52.5	34:59.7	34:59.8	31:52.5	1:06:52.2	1:41:52.0
1865	Kenn Christensen	15km	Male	33:59.1	34:55.0	36:50.0	33:59.1	1:08:54.1	1:45:44.1
1824	Michael Frederiksen	15km	Male	33:43.1	36:42.3	36:15.1	33:43.1	1:10:25.4	1:46:40.4
1802	Janne Smidt	5km	Female	27:44.9	-	-	27:44.9	-	-
1775	Angelika Semmler	5km	Female	32:44.9	-	-	32:44.9	-	-
1781	Barbara Beltrame	5km	Female	35:23.3	-	-	35:23.3	-	-
1846	Tina Andersen	5km	Female	38:13.5	-	-	38:13.5	-	-

1815	Louise Jagd Rosendal	5km	Female	38:32.2	-	-	38:32.2	-	-
1811	Lise Emmersen	5km	Female	39:23.5	-	-	39:23.5	-	-
1843	Tenna Nielsen	5km	Female	39:26.8	-	-	39:26.8	-	-
1793	Ditte Kivsmose Kaldor	5km	Female	40:00.4	-	-	40:00.4	-	-
1822	Melissa Voigt Hansen	5km	Female	41:25.8	-	-	41:25.8	-	-
1807	Karin Hamacher	5km	Female	42:46.1	-	-	42:46.1	-	-
1866	Monica Diaz	5km	Female	43:21.2	-	-	43:21.2	-	-
1848	Vinniie Jørgensen	5km	Female	43:55.4	-	-	43:55.4	-	-
1812	Lone Frederiksen	5km	Female	44:00.0	-	-	44:00.0	-	-
1819	Marianne Merling	5km	Female	44:02.1	-	-	44:02.1	-	-
1818	Maria Holmgren	5km	Female	44:26.3	-	-	44:26.3	-	-
1850	Sofie Scheibeleen	5km	Female	48:29.0	-	-	48:29.0	-	-
1841	Susanne Præst	5km	Female	48:32.9	-	-	48:32.9	-	-
1849	Annita Spo	5km	Female	48:35.2	-	-	48:35.2	-	-
1854	Camilla Enevoldsen	5km	Female	48:41.9	-	-	48:41.9	-	-
1779	Astrid Schultz	5km	Female	35:54.4	-	-	35:54.4	-	-
1796	Hanne Krigslund	5km	Female	40:24.0	-	-	40:24.0	-	-
1797	Helle Nygaard	5km	Female	1:10:37.7	-	-	1:10:37.7	-	-
1808	Kasper Rebenstorf (UFK)	5km	Male	22:58.5	-	-	22:58.5	-	-
1835	Rune Isholm Saarup	5km	Male	28:16.9	-	-	28:16.9	-	-
1809	Kevin Petersen	5km	Male	29:16.7	-	-	29:16.7	-	-
1788	Christian Risinger	5km	Male	31:47.6	-	-	31:47.6	-	-
1783	Brian Feldmann	5km	Male	32:03.5	-	-	32:03.5	-	-
1778	Asger Lindstrøm	5km	Male	32:08.6	-	-	32:08.6	-	-
1794	Finn Lindstrøm	5km	Male	32:10.2	-	-	32:10.2	-	-
1784	Brian Nielsen	5km	Male	32:18.3	-	-	32:18.3	-	-
1833	Poul-Erik Verdier	5km	Male	32:51.3	-	-	32:51.3	-	-
1860	August Petersen	5km	Male	32:56.4	-	-	32:56.4	-	-
1771	Anders Verdier	5km	Male	33:23.3	-	-	33:23.3	-	-
1840	Sten Vesterli	5km	Male	35:03.8	-	-	35:03.8	-	-
1806	Jonas Bagger	5km	Male	35:28.6	-	-	35:28.6	-	-
1858	Søren Hald	5km	Male	35:56.7	-	-	35:56.7	-	-
1825	Michael Nielsen	5km	Male	40:16.3	-	-	40:16.3	-	-
1862	Emil Jagd	5km	Male	41:22.4	-	-	41:22.4	-	-
1789	Claus Pilgård	5km	Male	44:05.6	-	-	44:05.6	-	-
1845	Thomas Seierø	5km	Male	46:32.8	-	-	46:32.8	-	-
1803	Jens Bay Clausen	5km	Male	1:08:37.5	-	-	1:08:37.5	-	-
1864	Kåre Petersen	5km	Male	1:48:21.6	-	-	1:48:21.6	-	-