

Resultater

Hareskovens Fire Årstiders Trailløb

11. maj 2019

Mænd 5 km

Place	Bib	Name	Gender	Time
1	1179	Jacob Petersen	Male	23:22.1
2	1251	Jørgen Thyme	Male	25:55.1
3	1229	Niklas Kløve Ryelund	Male	27:53.9
4	1223	Lasse Kelman Christensen	Male	30:27.4
5	1184	Carsten Thordrup	Male	33:24.9
6	1241	Steen Vesterli	Male	36:32.5
7	1174	John Thune	Male	40:11.7
8	1220	Johan Knight-Andersen	Male	40:22.0
9	1159	Rasmus Just Nielsen	Male	43:39.8
10	1172	Kristian Bach	Male	43:40.4

Kvinder 5 km

Place	Bib	Name	Gender	Time
1	1193	Malou Gundersen	Female	27:29.2
2	1176	Jane Bay	Female	31:44.7
3	1183	Christina Fobian Nielsen	Female	34:56.1
4	1209	Birgitte Muff Poulsen	Female	39:18.4
5	1171	Lilli Buch	Female	39:21.9
6	1167	Louise Jagd Rosendal	Female	39:29.3
7	1201	Charlotte Ryberg Simonsen	Female	39:33.0
8	1202	Karina H. Tregart	Female	39:33.7
9	1247	Rikke Søndergaard	Female	39:58.2
10	1168	Lone S. Dupont	Female	40:16.2
11	1215	Ditte Kivsmose Kaldor	Female	40:21.1
12	1249	Helle Lynggaard	Female	42:42.7
13	1180	Henriette Hesselund Lipinski	Female	43:47.9
14	1169	Lone Nielsen	Female	45:01.6
15	1218	Isabella Sveigaard Claudinger	Female	45:56.9
16	1188	Benedikte Claudinger	Female	46:03.4
17	1233	Vanessa Hedegaard	Female	51:12.0
18	1197	Charlotte Mørkhøj Andersen	Female	53:38.7
19	1194	Lene Waltoft	Female	53:45.0

Mænd 10 km

Place	Bib	Name	Gender	Time	Lap 1	Lap 2
u.k.	1238	Troels Haudrum	Male	51:22.6	24:54.9	26:25.7
1	1186	Bo Bay	Male	54:28.3	26:40.3	27:38.0
2	1250	Mogen Isager	Male	55:53.9	28:10.0	27:43.9
3	1228	Anders Harthøj	Male	57:23.8	27:58.5	29:25.3
4	1219	Jens Ulrik Nielsen	Male	59:15.6	29:36.3	29:39.3
5	1196	Mats Rasmussen	Male	1:00:09.9	29:40.9	30:29.0
6	1242	Lars Greve	Male	1:03:23.9	30:29.3	32:54.6
7	1163	Morten Drost	Male	1:06:21.6	33:14.5	33:07.1
8	1164	Martin Kristensen	Male	1:06:23.8	32:02.6	34:21.2
9	1154	Søren Vrist	Male	1:06:46.8	32:36.7	34:10.1
10	1199	Lars Falch	Male	1:17:34.8	43:46.4	33:48.4
11	1227	Michael Layadi Andersen	Male	1:20:18.7	40:27.6	39:51.1

Kvinder 10 km

Place	Bib	Name	Gender	Time	Lap 1	Lap 2
1	1244	Dorthe Bramsen	Female	56:22.9	27:40.9	28:42.0
2	1212	Melissa Voigt Bolten Jagd	Female	56:57.0	28:06.0	28:51.0
3	1204	Anne Böcher Larsen	Female	1:06:13.4	31:41.4	34:32.0
4	1246	Susanne Olesen	Female	1:06:17.9	31:44.7	34:33.2
5	1210	Sara Toftegaard Hjuler	Female	1:06:39.6	31:59.8	34:39.8
6	1165	Malene Radmer Johannisson	Female	1:06:49.1	32:33.1	34:16.0
7	1203	Sarah Meyer	Female	1:09:16.7	33:19.4	35:57.3
8	1192	Anita Ploug	Female	1:09:24.0	33:31.5	35:52.5
9	1224	Lisbeth M	Female	1:10:01.1	33:24.8	36:36.3
10	1217	Elisabeth Darret	Female	1:10:58.3	34:47.4	36:10.9
11	1248	Lisbeth Westergaard	Female	1:11:21.4	35:18.3	36:03.1
12	1240	Anne Clausen	Female	1:11:25.8	36:34.1	34:51.7
13	1225	Mette Doctor Larsen	Female	1:20:12.4	40:21.8	39:50.6
14	1161	Pernille Svane	Female	1:22:56.6	39:19.5	43:37.1
15	1236	Ulla Fredeiksen	Female	1:35:06.8	45:42.4	49:24.4
16	1235	Stine Schmidt	Female	1:35:07.1	45:41.9	49:25.2

Mænd 15 km

Place	Bib	Name	Gender	Time	Lap 1	Lap 2	Lap 3
1	1162	Paw Petersen	Male	57:44.0	57:27.5	0:09.1	0:07.4
2	1160	Poul Wismann	Male	1:12:03.6	36:45.1	35:00.6	0:17.9
3	1231	Anders Aagaard Hansen	Male	1:13:01.9	23:20.5	25:01.8	24:39.6
4	1239	Jon Hadsund	Male	1:21:07.3	25:37.2	28:33.5	26:56.6
5	1230	Sune Sporning	Male	1:23:44.7	27:10.4	28:14.8	28:19.5
7	1245	Peter Macgill	Male	1:30:07.6	29:45.4	29:42.7	30:39.5
8	1243	Hans Kongsted	Male	1:31:45.8	29:32.7	30:32.3	31:40.9
9	1232	Erik Ornebjerghuus	Male	1:40:14.5	32:24.1	33:35.6	34:14.8
10	1182	Gholam Dayani	Male	1:40:51.8	31:23.1	34:17.8	35:10.9
11	1155	Søren Friis	Male	1:53:00.0	34:59.6	38:10.2	-

Kvinder 15 km

Place	Bib	Name	Gender	Time	Lap 1	Lap 2	Lap 3
1	1237	Nanna Bonde	Female	1:26:05.3	28:24.4	28:20.9	29:20.0
2	1189	Anne-Kathrine Kjerulff	Female	1:40:48.7	31:26.2	34:12.1	35:10.3
3	1175	Joan Ascanius	Female	1:53:00.0	35:03.2	36:59.6	-