

Resultater

Hareskovens 4 Årstiders Trailløb

9. november 2019

Mænd 5 km

Place	Bib	Name	Team name	Time
1	1079	Jacob Petersen		24:00.2
2	1200	Steffen Fjellander	Haretri	27:09.9
3	1211	Jørgen Thyme	Haretri	28:16.1
4	1256	Carl Oehlschlager		28:41.3
5	1205	Flemming Toft Andersen	Haretri	29:47.1
8	1273	Kasper Markussen	Haretri	31:55.9
9	1069	Helge Voldsgaard		32:19.7
11	1121	Søren Vrist		32:31.7
14	1255	Jesper Due		32:57.3
16	1157	Osip Mikunis		34:39.3
17	1056	Bjarne Laursen		34:51.9
18	1138	Johannes Korsholm Andreasen		35:30.7
26	1271	Steen Vesterli	Haretri	38:00.2
29	1213	Jesper Hansen	Haretri	40:29.3
37	1266	Lars Hesselund		44:25.2
38	1086	John Thune		44:40.0
49	1089	Kristian Bach		49:09.1
50	1116	Rasmus Just Nielsen		49:12.2

Kvinder 5 km

Place	Bib	Name	Team name	Time
1	1276	Dorthe Bramsen		29:51.2
2	1139	Julie Meilstrup Fredberg		31:49.9
3	1054	Anne-Kathrine Kjerulff		32:25.0
4	1110	Malene Radmer Johannisson		32:36.8
5	1019	Bettina Fog	Novo	32:45.9
6	1023	Lotte Friis Rasmussen	Novo	33:38.1
7	1269	Nadia Nathan		35:54.9
8	1055	Benedikte Claudinger		36:38.6
9	1147	Laura Andreasen		37:08.9
10	1265	Kira Press-Stev		37:14.4
11	1029	Birgitte Muff Poulsen	Novo	37:20.4
12	1104	Lilli Buch		37:25.6
13	1117	Rie Christensen		37:44.8
14	1141	Katrine Søegaard Lerche	Trailmom	38:12.7
15	1050	Anja Liss Petersen		40:23.8
16	1145	Kirsten Jensen		40:34.6
17	1259	Lise Dragø		40:39.2
18	1108	Louise Jagd Rosendal		40:47.7
19	1107	Lone S. Dupont		40:48.1
20	1125	Amber Marie Quick	Trailmom	40:58.1
21	1132	Ellen Engsted	Trailmom	42:27.0
22	1260	Vibeke Vincents		44:22.5
23	1015	Charlotte Ryberg Simonsen		45:18.6
24	1216	Karin Krogsgaard		45:27.5

25	1254	Vinnie Jøregnsen		45:43.0
26	1078	Henriette Hessellund Lipinski		45:47.5
27	1173	Susanne Andersen		45:52.0
27	1129	Birgit Larsen		47:22.0
29	1156	Nanna Højlund		47:25.9
30	1158	Sissel Bruun		47:28.8
31	1127	Annelise Holme		48:57.7
32	1170	Stine Stokholm		49:04.9
33	1010	Charlotte Mørkhøj Andersen		54:19.5
34	1011	Mitzie Bendesen		54:21.2
35	1004	Lene Waltoft	Novo	54:23.4
36	1253	Christine Beck		54:51.1
37	1274	Ida Kranit		55:01.3
38	1181	Tine Cranil		55:30.4

Mænd 10 km

Place	Bib	Name	Team name	Time	Lap 1	Lap 2
1	1128	August Wennerwald		0:52:44.8	26:14.5	26:30.3
2	1133	Gustav Friberg		0:57:10.7	28:59.7	28:10.8
3	1198	Jacob Welding		0:59:47.7	29:39.5	30:08.2
4	1268	Birger Jensen		1:00:01.8	30:33.3	29:28.5
5	1002	Anders Harthøj		1:00:48.7	29:42.0	31:16.7
6	1152	Michael Bonnén Mourier		1:04:08.8	32:20.3	31:48.5
7	1270	F Dejean		1:11:36.3	35:32.0	36:04.3
8	1112	Morten Drost		1:11:58.9	35:38.1	36:20.8
9	1130	Christian Larsen		1:18:11.0	38:03.5	40:07.5
10	1208	Mikkel Nielson		1:20:12.6	40:19.2	39:53.4
11	1267	Rasmus Carlson		1:22:22.9	39:59.3	42:23.6
?	1275	Jens Henrik Larsen	Haretri	?	27:38.4	?
?	1042	Christian Lund Bendtsen	Novo	?	31:58.4	?
?	1190	Ture Hansen		?	32:26.8	?
?	1264	Anders Christensen		?	37:11.7	?
?	1142	Kenneth Stokholm		-1 lap	37:19.3	25:30.3

Kvinder 10 km

Place	Bib	Name	Team name	Time	Lap 1	Lap 2
1	1191	Anne Sofie Demuth		1:02:53.6	30:28.6	32:25.0
22	1140	Julie Pio Kragelund	Trailmom	1:02:45.6	30:55.2	31:50.4
24	1018	Anne Böcher Lassen	Novo	1:08:05.0	32:59.1	35:05.9
25	1151	Maria Thanning	Trailmom	1:08:22.1	33:02.5	35:19.6
26	1017	Sarah Meyer	Novo	1:09:49.0	34:26.2	35:22.8
29	1206	Rikke Østergaard	Haretri	1:12:51.2	36:15.1	36:36.1
30	1114	Pernille Svane		1:14:25.8	37:04.9	37:20.9
31	1134	Hanne Flyger		1:15:46.4	37:58.1	37:48.3
32	1144	Kirsten Friberg	Trailmom	1:16:12.4	36:45.6	39:26.8
33	1047	Anita Ploug		1:16:18.6	37:07.4	39:11.2
35	1137	Iben Byager	FLS Motion	1:18:16.3	38:02.0	40:14.3
37	1207	Rikke Pedersen		1:20:14.9	40:23.4	39:51.5
39	1261	NNmette Westergaard		1:22:23.6	40:02.3	42:21.3
40	1178	Tina Madsen		1:22:35.0	40:04.6	42:30.4
41	1263	Anita Winther		1:28:44.9	42:11.2	46:33.7
42	1252	NAnna Friberg		1:28:48.3	42:30.8	46:17.5

48	1187	Trine Løvgren		1:28:38.4	1:28:38.4	-
49	1156	Nanna Højlund		1:34:39.4	1:34:39.4	-

Mænd 15 km

Place	Bib	Name	Team name	Time	Lap 1	Lap 2	Lap 3
1	1272	Jens Irgens	Haretri	1:23:09.1	28:18.1	27:07.0	27:44.0
2	1257	Eik Andreasen		1:28:25.6	28:49.9	29:37.0	29:58.7
3	1214	Carsten Bjørn	Haretri	1:28:42.0	28:56.6	28:44.7	31:00.7
4	1177	Thomas Bender		1:28:52.4	29:07.1	29:28.0	30:17.3
5	1150	Mads Christensen		1:29:20.3	29:15.6	30:06.4	29:58.3
6	1012	Lars Falch		1:33:11.5	32:39.6	30:30.7	30:01.2
7	1068	Gholam Dayani		1:35:56.8	30:02.2	32:31.8	33:22.9
8	1153	Morten Blok Hellesøe		1:37:12.3	32:51.6	32:48.2	31:32.6
9	1131	Dion Thomsen		1:38:39.6	30:25.4	32:42.1	35:32.0
10	1262	Martin Berthelsen		1:41:02.4	32:35.2	32:52.9	35:34.3
11	1136	Henrik Steglich-Arnholm		1:42:53.3	31:49.2	34:32.5	36:31.6
12	1258	Jesper Clausen		1:47:15.5	37:49.9	34:15.0	35:10.6
13	1195	Dines Justensen		2:04:32.2	38:08.4	42:11.4	44:12.4

Kvinder 15 km

Place	Bib	Name	Team name	Time	Lap 1	Lap 2	Lap 3
1	1126	Anna Zoé		1:43:04.2	31:53.4	34:36.2	36:34.6